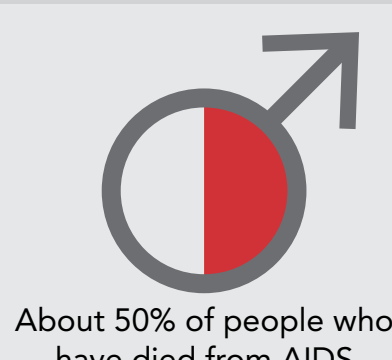
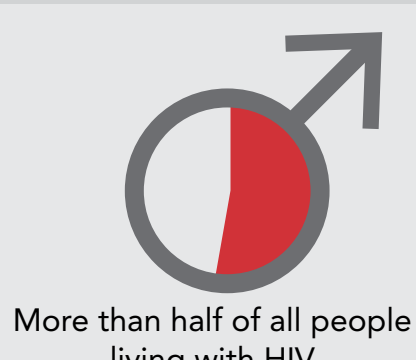


HIV *and* Gay *and* Bisexual Men

Do you know how HIV affects gay and bisexual men?

Gay and bisexual men make up 2% of the US population yet are the group most affected by HIV.



GAY AND BISEXUAL MEN AGED 13-24 ARE ESPECIALLY AFFECTED



If you're a gay or bisexual man, do you know your HIV status?

20%
OF GAY OR BISEXUAL MEN LIVING WITH HIV DON'T KNOW IT

♂♂♂♂♂
THAT'S 1 IN 5

How often should gay and bisexual men get tested?

EVERY
12
MONTHS

Some men might benefit from more frequent testing, (e.g., every 3 to 6 months).

3 WAYS TO FIND A TESTING SITE NEAR YOU



1 Enter
your ZIP code at
gettested.cdc.gov

2 Call
1-800-CDC-INFO
(1-800-232-4636)

3 Text
your ZIP code to
KNOWIT (566948)

Knowing your status is just the first step.

Do you know how to stay healthy?

IF YOU DON'T HAVE HIV



Stay that way by choosing less risky sexual behaviors like oral sex and reducing your number of partners.



Practice prevention methods like consistently using condoms and consider taking medicine to prevent getting HIV (called PrEP).

LEARN MORE WAYS TO PROTECT YOURSELF AT
Start Talking. Stop HIV.
www.cdc.gov/actagainstaids

IF YOU DO HAVE HIV



Get HIV medical care and medicines (called ART) to lower the amount of virus in your body and protect your health. These medicines will also help prevent transmitting the virus to others.



Try to find a doctor who specializes in HIV treatment, stay in medical care, take ART as directed and find support.

LEARN MORE ABOUT TREATMENT AND HOW TO STAY HEALTHY AT
HIV Treatment Works
www.cdc.gov/hivtreatmentworks

Did you know not everyone with HIV is getting the care they need?

Of gay and bisexual men diagnosed with HIV:

77.5%

linked to care



50.9%

stayed in care



49.5%

prescribed ART



42.0%

achieved viral suppression*



*virus at low enough level to stay healthy and dramatically reduce transmission risk to others

Get Tested. Get in Care. Stay in Care.
Stay Healthy.

